



Rex Williams <bishoprexawilliams@gmail.com>

Message confirmation: Let not your heart be troubled

Leader and Clerk Resources Communication <noreply@churchofjesuschrist.org>

Sun, Oct 18, 2020 at 11:32 AM

Reply-To: noreply@churchofjesuschrist.org

To: bishoprexawilliams@gmail.com

Your message has been sent.

Hello my dear friend,

Jesus said, "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid." (John 14:27)

If your heart is troubled or afraid, know that you can have the peace that Jesus can give you.

He lives. And not far from you.

If you can meet someone across the world on the internet, why couldn't you meet Jesus, wherever He is, through His more advanced technology, called prayer?

The Holy Ghost has more power than you can imagine. He can fill your spirit with our Heavenly Father's and Jesus Christ's godly love and communicate things that don't have words to describe.

Now, more than ever, (or just as much as always) we need that peace. The peace that only Jesus Christ can give us. He is the only one who has descended down into the depths of our pain and sorrow so He could lift it from us.

"Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matthew 11: 28-30)

Coming unto Jesus can mean different things. It could mean thinking of Him more often, studying His word, or seeking His guidance through sincere prayer. It could also mean changing our ways, confessing sins, and experiencing the joy of true repentance.

The Lord said, "Mine arm of mercy is extended towards you, and whosoever will come, him will I receive; and blessed are those who come unto me" (3 Nephi 9:14).

I have been called by inspiration and given Priesthood keys to represent the Lord. I did not choose this position. The Lord chose me to help you. He loves you. And I try to share that love when you come to me with your issues.

Remember the words of Alma to his son, Shiblon, "I would that ye should remember, that as much as ye shall put your trust in God even so much ye shall be delivered out of your trials, and your troubles, and your afflictions, and ye shall be lifted up at the last day." (Alma 38:5)

Trusting in God means doing what it takes to feel the peace He has in store for you.

I promise, God, our Heavenly Father, His Son, Jesus Christ, and the Holy Ghost will give you peace, and deliver you out of your afflictions.

Hear Him.

With Love,
Bishop Williams

P.S. One way to feel His love is to read the wonderful story from Sister Tressa Putnam, our Young Women's president, on our ward web site here: <https://pennycreek.org/2020/10/16/he-knows-you/>

We also feel love when we have fun together. This year, our ward Halloween party will be different. It'll be virtual and will involve sharing pictures on our ward Facebook group. More details to come. Join our group so you can participate:
<https://www.facebook.com/groups/884352919063571/?ref=share>

We're looking forward to seeing those of you with last names beginning with A-L, who choose to attend our Sacrament Meeting in person today at 1:00pm. Please wear masks while inside the building. We will have extras available if you forget.

For those of you not attending in person, we'd love you to join our live broadcast of Sacrament Meeting at 1:00pm here:

https://www.youtube.com/channel/UCzQM_SmjDFmwHAA6lfjtseg/live

You received this email because you made your email address available to your local Church leaders. It was sent by Rex Williams, whose calling is Bishop.