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## Here to Change

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### THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Penny Creek Ward

Hello friend,

How are you doing during this time of transition? Well, maybe this doesn't affect you, but some of us with children in school are transitioning this week. Routines change significantly as we go from attending school every day, to doing something different than that. Some families might even become busier, some might take a break for a while, but whatever your plans, there is going to be a change.

And that's good.

We need change. We need transitions. As much as we may not like them, or we feel like they disturb our balance or throw us off, change and growth is a natural part of life. It happens all the time.

Every night we go to sleep, we are transitioning from one state to another, and when we wake up, we transition again, ready to start a new day. We have patterns of change every week when we enjoy a weekend, come to church, or start work again on Monday. We may have transitions or change we do every month, and then our annual transition into the New Year always seems to be accompanied with new aspirations and change.

So, we do it. A lot. Sometimes we welcome it and like it, sometimes we don't. It does seem like we have a sort of love-hate relationship with change.

But ultimately, that's our whole purpose here, to change.

We see it easily in children, they grow up from helpless little infants, into functioning adults (mostly ;). We also see it in trees and plants. We don't see them move much, but we know they are changing all the time. I just have to look at my untouched backyard after all this rain we've had and see an enormous amount of change. Stuff grows!

So too, our bodies grow and change, and it takes effort to keep them healthy. The same is true for our souls. Effort and correct choices are required to keep them healthy and progressing. Your soul is defined as your body and spirit together (D&C 88:15). And based on your choices, your soul will change and become something. The question you might ask yourself is, "What do I want to become?"

Remembering our purpose and the bigger picture more often will help us in our daily decisions. We are forever transitioning. So, maybe we should get used to it, be more aware of it, embrace it, and use our frequent earthly transitions to remind us of the main spiritual transition we are all trying to make: to be able to experience a fullness of joy, and join our Father in Heaven and family in His ultimate, celestial glory.

Realize how far you've come. You have changed. You may not feel like celestial material yet, but you know some things. And you're striving. It's hard to realize change in ourselves, but with honest reflection, we can see the difference. You're doing it. Keep going!

Our Savior, Jesus Christ, is here to help. He can help you change directly, ask Him. He has also set up a church, a group of people who can help you, and who are trying to help each other, even though we are all flawed and working on our own transition.

If change is the reason we're here, then I'm so glad I'm part of the Penny Creek Ward, a group of wonderful neighbors who are helping me change for the better.

Thank you for all you do, for me, and for others. I'm changing because of you.

Enjoy this transition to summertime! (as soon as we get some summer weather :)

Take care.

Bishop Williams

P.S.

- For further study, I recommend reading D&C 88.
- Happy Father's Day to all you fathers!
- Tuesday, June 21 6:30pm - Youth combined activity with Silver Firs and Mill Creek wards, spreading bark and BBQ fun and games
- Thursday, July 14, 6:00 pm - Relief Society Pool party and summer BBQ at the Lamprecht's home.
- Wednesday July 20 - Penny Creek Ward BBQ at Pavilion
- Thursday, August 25 - Silver Lake kayak and paddle board combined activity with Silver Firs and Mill Creek ward Relief Societies.
- Thursday, August 25 - Stake American Red Cross Blood Drive. If you'd like to volunteer to help, contact Sheila States, [sheila.states@gmail.com](mailto:sheila.states@gmail.com).
- On-line Family History classes from the Family History Library in Salt Lake at: [https://www.familysearch.org/en/wiki/Family\\_History\\_Library\\_Classes\\_and\\_Webinars](https://www.familysearch.org/en/wiki/Family_History_Library_Classes_and_Webinars)
  - The recordings of past classes can be found on the Family History Library Facebook page at the Videos dropdown at [https://www.facebook.com/familyhistorylibrary/videos/?ref=page\\_internal](https://www.facebook.com/familyhistorylibrary/videos/?ref=page_internal)

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